



GONDIA EDUCATION SOCIETY'S

S. S. GIRLS' COLLEGE

GONDIA – 441601 (Maharashtra)

Phone 237039, 236959 (O) Fax : (07182) 236959

e-mail : ssgirls.college@rediffmail.com, ssgirls.college1@gmail.com

(Re-accredited (3rd Cycle) B⁺ By NAAC, Bengaluru)

7.1.1 Annual Gender Sensitization Action Plan

Aids Awareness Program

On the occasion of Aids Awareness day an online quiz competition was organised on 2nd December 2020. 48 persons had participated in the same. After completion of the quiz participants received certificates of the same. On 8th December Aids awareness Ppt. making competition was also organised. 15 candidates participated from various Institutions. All the participants received participation certificate.

- First prize- Ku. Ruperi Meshram 500/-, G.H. Rasoni University, Amaravati
- Second Prize- Ku. Vaishnavi Bhujad 300/- Amgaon Polytechnic College
- Third Prize- Ku. Sonia Chawla, 200/- , Pt. Ravishankar University, Raipur.

Judge of the Competition:-

- 1) Dr. Harsha R. Kantode(Principal , GHMC &H)
- 2) Dr. Roshan L. Kantode(HOD, Dept. of Community Medicine, GHMC & H)
- 3) Dr. Akanksha P. Agrawal (Assistant Professor, Department of HMM, GHMC & H)

From

Dr. Ishwari G. Khatwani



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Drug addiction Quiz Competition



Organized
By
Department of Biology
17th December, 2020

क्विज कॉम्पिटिशन (Quiz Competition)

वरिष्ठ महाविद्यालय की समस्त छात्राओं को सूचित किया जाता है कि Biology विभाग की ओर से "Drug Addiction (नशे की लत)" इस विषय पर क्विज कॉम्पिटिशन का आयोजन किया जा रहा है। इसलिए, आप सभी सकारात्मक रूप से ज्यादा से ज्यादा लोग भाग लें। क्विज कॉम्पिटिशन Google Form के माध्यम से लिया जाएगा।

सूचना :

- 1) Quiz Competition के लिए गूगल फॉर्म Link कल (17/12/2020) सुबह 11:00 बजे मिलेगा।
- 2) 40 % से अधिक अंक प्राप्त करने वाले प्रतिभागियों को e-प्रमाणपत्र (Certificate) दिया जाएगा।
- 3) अधिक जानकारी के लिए कृपया प्रभारी प्राध्यापक M.B. Kurve से संपर्क करें।

व्हाट्स ऐप नंबर: 9405667247

प्रा. एम. बी. कुर्वे
H.O.D
Department of Biology

डॉ. एन. के. बाहेकर
Chairperson & Principal
S.S. Girls' College, Gondia



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Breast feeding Week: 1st August to 7th August, 2020

Department of food and nutrition of S.S. Girls' college, Gondia celebrated online breast feeding week .around 200 partipants were found in online quiz competition, slogan competition was organized..

Breast feeding week

Breast cancer Awareness Program

Breast Cancer Awareness Webinar Report

Date: 17th October, 2020 at 4.30 PM

Chairperson: - Dr. N.K. Bahekar



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Resource Person: Dr. M. Chaitnyakumar, Consultant, Oncologist Reliance Cancer hospital, Gondia.

Co-ordinator – Prof. M.B. Kurve

Members- 1. Prof. Sushmanaranje

2. Prof. Sandip Rahul

An online Breast cancer awareness webinar was organized on 17th October, 2020 at 4.30 pm by Health care unit of S.S. Girls' College in association with Reliance Cancer Hospital, Gondia. At the outset of programme a cheerful welcome was given by Prof. Sandip Rahul to Chairperson Dr. N.K. Bahekar, Chief Guest M. Chaitnyakumar, students and teaching staff members of college. Prof. M.B. Kurve welcomed and introduced the guest Dr. M. Chaitnyakumar and gave introductory remarks.

Dr. N.K. Bahekar in his presidential speech expressed sadness on the spread of deadly disease. He said all women must be aware about the disease and should consult immediately if found symptoms.

Dr. M. Chaitnyakumar explained in detail about the breast cancer by presenting slides. The elaborate presentation covered aspects like: Probable Symptoms that cause breast cancer, ways to identify it in early stages to be cured off like Dimpling, Puckering, Stretching pain in the back, retracted nipple etc., The factors causing cancer are genetic, physiological, dietary, environmental and life style. He suggested precautionary measures like avoiding cholesterol rich fat diet, alcohol intake, reducing obesity based on the BMI standard, curtailing use of tobacco, being aware on aspects like endocrine disruption due to oral contraceptive use, physical inactivity, proper clothing, benefits of breast feeding etc., Later on, he briefed the participants on methods of early detection and curative measures. Showing demonstrative clippings he also explained about Self Breast Examination (SBE), clinical Tests, mammography and ultra sound scanning. He advised the girl-students to be conservative, follow healthy food containing fibrous rich foods with Vitamin A, E and C, Beta carotenes and selenium supplements. He wrapped up their presentations with a discussion of the painful treatment process like surgery which is often followed by radiation to melt the malignant lumps. Psychological rehabilitation of affected patients through chemotherapy and re-breast construction with silicon support was discussed with video clippings.

All the audience appreciated the organizing committee for their initiative to create awareness among students & women regarding this deadly disease. Everyone appreciated the program and opined that these kinds of programs are very useful and may be conducted frequently.

The online programme was anchored Prof. Sandip Rahul and vote of thanks was paid by Prof. Ms. SushmaNaranje.



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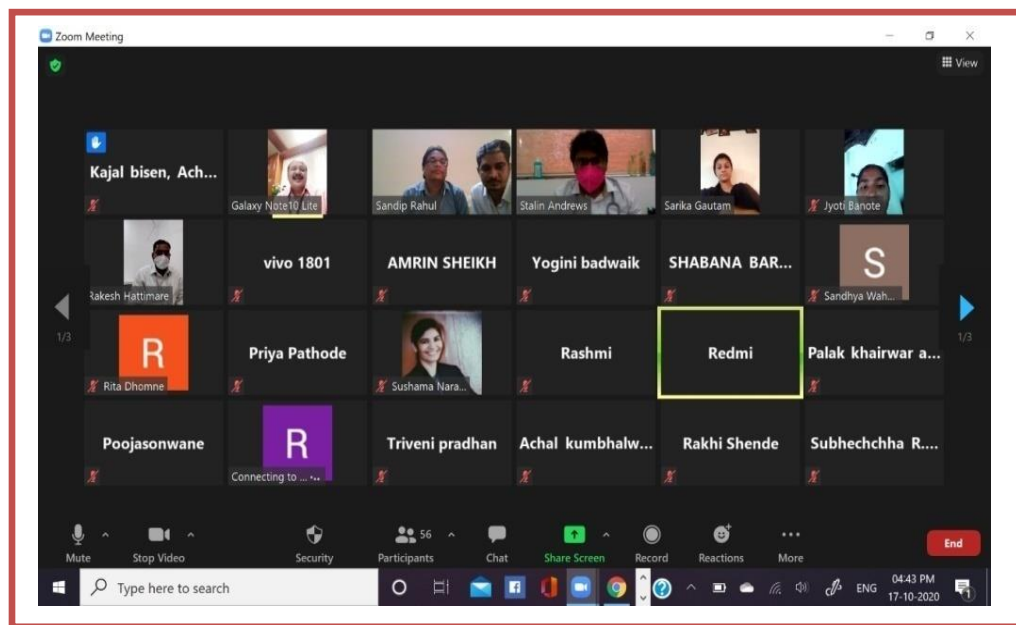
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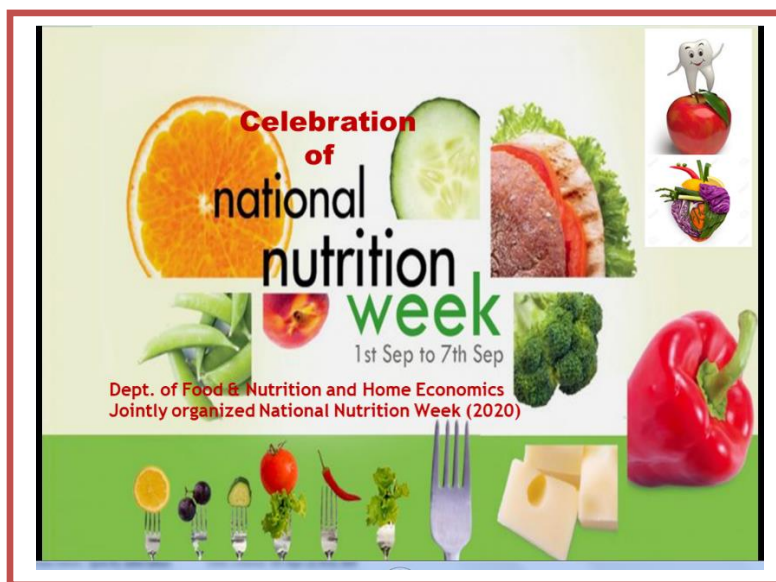
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National Nutritional week Celebration:

National Nutrition week: 1st September to 7th September, 2020

An online National Nutrition week was organized by food and nutrition department. On this occasion poster and quiz competition was organized .around 344 participants were therein.





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Name of the participants in poster competition

Sr. No.	Name of the students	Class
1	Achal C. Bisen	B.Sc.(Home Science)Sem-III
2	Anju R. Gaydhane	B.Sc.(Home Science)Sem-III
3	Arnee G. Rahangdale	B.Sc.(Home Science)Sem-III
4	Bharti P. Baewar	B.Sc.(Home Science)Sem-III
5	Chandani I. Chouthary	B.Sc.(Home Science)Sem-III
6	Gunjan U. Gutikar	B.Sc.(Home Science)Sem-III
7	Hansa S. Lajewar	B.Sc.(Home Science)Sem-III
8	Himani M. Wadhai	B.Sc.(Home Science)Sem-III
9	Himanchi P. Agrwal	B.Sc.(Home Science)Sem-III
10	Jyoteshwari A. Nagase	B.Sc.(Home Science)Sem-III
11	Kajal C. Bisen	B.Sc.(Home Science)Sem-III
12	Neha R. Bankar	B.Sc.(Home Science)Sem-III
13	Prachi S. Sharnagat	B.Sc.(Home Science)Sem-III

Sr. No.	Name of the students	Class
14	Preena B. Baraikar	B.Sc.(Home Science)Sem-III
15	Roshani A. Patle	B.Sc.(Home Science)Sem-III
16	Sakshi M. Pimplewar	B.Sc.(Home Science)Sem-III
17	Sheetal S. Tembhurkar	B.Sc.(Home Science)Sem-III
18	Subhesh R. Raykar	B.Sc.(Home Science)Sem-III
19	Zeenat R. Khan	B.Sc.(Home Science)Sem-III
20	Anju B. Kesram	B.Sc.(Home Science)Sem-III
21	Bhumeshwari N. Rahangdale	B.Sc.(Home Science)Sem-III
22	Chandani D. Pache	B.Sc.(Home Science)Sem-V
23	Lalita S. Dihari	B.Sc.(Home Science)Sem-V
24	Meenakshi H. Pardhi	B.Sc.(Home Science)Sem-V
25	Monika B. Dhore	B.Sc.(Home Science)Sem-V
26	Nemita J. Tondekar	B.Sc.(Home Science)Sem-V
27	Payal D. Rahangdale	B.Sc.(Home Science)Sem-V
28	Poonam K. Goutam	B.Sc.(Home Science)Sem-V


Mr. M.B. Kurve
Member, IQAC
S.S. Girls' College




Dr. N.K. Bahekar
Principal
S.S. Girls' College
PRINCIPAL
S. GIRLS' COLLEGE
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